

# ANTIBIOTIC ACTION

## WHY ANTIBIOTICS ARE IMPORTANT FOR... CYSTIC FIBROSIS PATIENTS

People with cystic fibrosis (CF) are more likely to get chest infections. These can lead to complications and even death, so antibiotics are an essential part of looking after CF patients.

The spread of **drug-resistant bacteria** is reducing the ability to control infections in people with CF.

Despite improvements in modern medicine, this means that more people with CF could die: not from their CF, but from infections.

**It is vital that we preserve our precious antibiotic resources by only using them when needed.**

**We can all play our part in reducing the spread of resistance by using antibiotics wisely.**

**Don't** ask and **don't expect antibiotics** for colds, sore throats or flu – these are caused by viruses so antibiotics don't work.

**Only** take antibiotics given to you by your doctor and EXACTLY as written on the bottle: take them at the times directed and **always complete the full course.**

**Never** give your antibiotics to other people.

For you. Your friends.

Your family. Young or old.

Go to **[www.antibiotic-action.com](http://www.antibiotic-action.com)**